

# THE PULSE

*Presents*

DISTINCTIVE PORTRAITURE  
TAKEN BY YOU OF YOUR  
CHILDREN



**SHEILA**

For your enjoyment, other youthful  
and happy countenances appear on  
Pages 8 and 9.

# THE PULSE

*of the employees of*  
**THE NEW YORK HOSPITAL**  
 68th to 71st Streets  
 York Ave. to East River  
 New York City 21

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APRIL 15, 1948



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## THIS IS OUR SPRING

It was a rough one, this winter now past. In our search for a solution to the vexation of much snow and ice, however, we caused harm to other living things. That, presumably, is the privilege of civilized men. All that stands in the way of his comfort or peace of mind may be disregarded if it can't talk back (and, frequently, if it can).

The thought occurred, after the "big snow" that soon we would see much calcium chloride and sand all over the streets to minimize the hazards of the ice. Shortly, this became accomplished fact. No thought to the effect of these two agents on shoes and other footgear, no thought to the fact neither really does much good. The presence of a Building Service representative at the door to mop up the corroding chemicals indicated our concern for the floors. Little thought was given to the results these agents would have on the grass and other vegetation about the hospital as the contaminated snow was piled high to provide a narrow path in which to walk.

This is beside the point. The other day spring arrived. We all gloried in the warmth of the sun and the true sense that this winter was over. Indeed we were annoyed at the return of cold weather within a few hours and Easter Sunday was just too much. Surely, by the time this little story is in your hands spring, in the true sense, will be here. We have already had the Flower Show. The Circus is due almost any day. Out around the hospital one sees piles of rich, black top soil for the gardener to spread to cover the corrosive, deadly effects of the calcium chloride. In a few days new grass will be growing where last year's crop was killed. The trees and shrubs are already budding. Suddenly, the hospital grounds will assume new grandeur for the loveliness of spring will be manifest in myriads of leafing and flowering vegetation.

Spring on the farm was a time of intense activity which served to bring forth in we children an instinctive desire to till the soil, plow, plant and

grow. The one who was assigned the flower gardens for the year was the envy of all for, also instinctively, we yearned for the loveliness of blossoms and their sweet perfumes. In our exuberance we sought and picked bouquets of "Spring Beauties" and "May flowers". we marvelled at the flowering Dogwood, the wild cherry blossoms, a cluster of "Mountain Pink" and Pennsylvania's proud state flower, the delicate Laruel blossom. All participated in the joy of the season, in its breath-taking beauty. In retrospect, it is impossible to remember one childhood acquaintance who did not experience, and express, the same kind of happiness.

All of this leads to one thing. Around the hospital grounds there is a multitude of rare and beautiful landscaping. Each year, for many years, at this season this writer has pestered the Editorial Staff of the 'Pulse' to describe and name these treasures for the interest of all who work here. The rationale of this exists in the observation of some of the hardest of our colleagues pointing with pride at a flowering tree and naming it for an admiring visitor. It has always been a conviction that life could be just a bit more pleasant for all of us if we were more familiar with some of Nature's contributions to the beauty of our daily environment. This "pestering" was bound to backfire one day. This year, the 'Pulse' Staff said with somewhat wry smiles, "Fine, you do it, we'll publish it." However, because of the rarity of many of the specimens, it has been almost impossible to identify and describe them. A conviction persists that someone about the Medical Center must know these many trees and shrubs and their natural habitat.

The plea is this. If there be someone who knows these things, won't they contact the writer through the Editor of the 'Pulse' and assist in a seasonal description of each shrub or tree when it's in the most delightful phase of development? A picture and a brief description in future editions should serve to help all of us appreciate more thoroughly the setting of this institution. Won't you help, please?



## THE NEW YORK HOSPITAL HEART STATION



Patient's Electrocardiograph records here as he rests in bed (in a pavilion) two city blocks away.

The Heart Station of the New York Hospital has just completed a major remodeling job. With the yearly increase in number of electrocardiograms since the new Hospital was opened, the space allotted to this department became inadequate. Additional space was not available; the remodeling was done to provide the most effective use of the space and to set up the technical side of the work on a production-line basis. It is the most-up-to-date station in the country. One and one half years ago two new all-electric Cambridge electrocardiograph machines were installed, each connected to a wall panel so that EKGs. can be taken on the two machines of the hospital (except pediatrics) without moving the patient. At the time of these installations, wiring was made to the Woman's Clinic and Psychiatry Building as well as to the new pavilions which were made. It is of historical

interest that one of the old machines which was replaced was brought up from the old New York Hospital and was the second machine in this country. It was made by the Cambridge Instrument Company in England. It was rebuilt when the Hospital moved uptown. The other EKG. machine, which was bought when the new hospital was opened, had been in daily use for 15 years and about 75,000 records have been taken on it. The department today would be unable to cope with the increased volume of work with the antiquated apparatus which was replaced. The new wiring and connections with the new machines were accomplished without interrupting service and every electrocardiogram which was ordered was taken.

The recent changes have included rebuilding the old dark room for development of films only, and replacing the

developing and fixing tanks with stainless steel ones; quick drying of the films is carried out. The old EKG battery room required for the old Cambridge machines, was made into a second dark room for making the black and white prints of the EKG films for the reports. This is set up on a progressive-in-line system going from printing to developing, to washing, to drying. The working height of the benches was planned so that the technicians on this assignment might sit down. In printing the timing of exposures is automatic. The prints are dried by running them over an electrically heated drum on an endless belt; this takes about 3 minutes. Formerly, this operation took 1-2 hours depending on the temperature and atmospheric moisture; in summer there was delay because the radiators were not available for heating the ferrotype. The use of a check perforator to punch the numbers on the films, and of an automatic stamp for numbering the prints are examples of time-saving devices which have been introduced.

One part of the large EKG. machine room has been partitioned off to make a room for processing prints, backing with mounting tissue, cutting to correct size and mounting on the typewritten reports with hot irons; from this location they go to the reading room to be checked before they are put in the tubes for distribution.

Part of the waiting room was partitioned off to make another patient room for taking EKGs., making two rooms opening into the waiting room. The waiting room has been redecorated and a table, new benches, and curtains added. Dr. Nelson wanted to be certain the room had the right atmosphere for the ambulatory patient waiting room. The Heart Station was given the first paint job it has had since 1932.

On the other side of the hall is a room for rolling and filing film, name file, diagnosis file, and typewriting desks for typing the reports and file cards. This concentrates all the related activities in one room.

One small room is now used exclusively for EKG. reading by the Assistants.  
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tant Residents and Fellow working in the Heart Station. It has 3 view boxes which were adapted from fluorescent X-ray view boxes. Another room is used for special tests, anoxemia, etc. Mr. Adkins and Mr. MacDonald did an excellent job in the alterations.

During the last year another change was made: the patients in the Hospital are now connected by trained technicians from the Heart Station instead of by the nurses on the floors. This was thought wise in view of the shortage of nursing staff and the increase in number of and the rapid turnover of nurses requiring constant training. This change was made very effective and both the nursing service and the Heart Station are pleased with the efficiency of this procedure. This change required enlarging the technical staff of the Heart Station and training the technicians to work on the pavilions. This has gone very well.

It is now possible to take EKGS. on ambulatory O.P.D. and private patients on a current basis as requested without making appointments ahead just as those on patients in the hospital are taken. Electrocardiograms taken one day are reported the following day: but stat reports are given and emergency readings on many EKGS. each day.

During the extensive alterations, the work EKG. went on uninterrupted.

The technicians working under Dr. Harold Stewart are Miss Pearl Stabley, chief technician, and Misses Rae Dickstein, Ilse Leschner, Lorraine Rothstein, Kerzic, Eva Namm and Sylvia Richel.

The Hospital is indebted to the technicians who worked through the crowded rushed days before the changes were made and for their ability to get the work done on time through more than 6 months of alterations.

A few statistics give an idea of the amount of work done by the department. Mondays, Tuesdays and Thursdays and days after holidays always have the largest number of requests for EKGS. On such days 70-80 records may be taken which requires processing 300-400 prints—a large photographic order. Last year, 13,472 EKGS. were taken, compared with 2,400 the first

full year the new Hospital was open. Last October the largest number of EKGS. in any one month, namely, 1,273 were taken.

Dr. Shepard, the Assistant Resident assigned to Cardiology works closely with the Assistant Residents in training and goes over their readings before the final check by Dr. Stewart each morning at 9:00 a.m.

This is the only EKG. department which undertakes the extensive educational program in practice here. Each Assistant Resident on Medicine rotates through the Heart Station for a period of training in interpreting EKGS. They are trained also to use the machines. Emergency EKGS. can be taken at all times at nights and Sundays and holidays, a service which was maintained even during the war period.

The technicians in the Department make up a loyal and efficient facet in the whole structure of the New York Hospital. Miss Stabley, the chief technician, has been in the Department over four years and in her other duties trains the Assistant Residents and the new technicians in the use of the EKG. machines—no small assignment when

it is found that she trained the 13 Assistant Residents last year, who rotated through the Heart Station, in addition to new technicians required when the technical staff was increased.

The work of reading the EKGS. has been facilitated this winter by a Volunteer Fellow, Captain Ward on leave from the U. S. Navy; he reads some of each day's records in the morning as soon as they are processed. He is available for emergency readings and for special tests such as exercise tolerances tests, which require the presence of a physician during the test, and for checking the records before they are sent out. Mrs. Karr, a volunteer, comes in several days a week.

The future development and growth of The New York Hospital has been kept in mind in the alterations. Blank places have been provided in the EKG. panels for any new stations which may be required in any parts of the hospital or in any future buildings. The technical setup and economical utilization of space can meet any normally expected growth in number of EKGS. or in expansion which may take place in the future.



This staff operates the most modern Heart Station in the country



## Hospi - Tales

*Miss Ann Marie Gross, who needs no introduction to Garden Dining Room patrons, has had a well-deserved promotion to cafeteria Supervisor. She will be there smiling at her customers across the counter most any afternoon and evening.*

\* \* \*

*In the Nurses' Residence Dining Room, you'll find a new morning Supervisor, Mrs. Carlo, who came to us from the fair state of Iowa.*

\* \* \*

*Welcome to Mr. Howard B. Quayle—a new member of our X-ray technician staff, who comes to us from The Veterans Administration.*

\* \* \*

*Orchids are in order for Miss Sarah Finks, who is dietitian in the College Dining Room, and manager of the O. P.D. fountain service, "Sally" just celebrated her 6th anniversary with the Nutrition Department. An informal coffee hour was held in her honor in the Garden Dining Room.*

\* \* \*

*Thomas Manfuso, a member of the recent X-ray graduating class, is staying on as a full fledged technician. It's swell having you with us Tom.*

\* \* \*

*Two former members of the Nutrition Staff have returned to take over new duties. We are glad to welcome back Miss Ruth Haugen who has taken on the responsibility of directing the food service in the Main Kitchen—no small task—just 6,000 meals a day. You'll probably all recognize Miss Dorothy Mehmel, formerly dietitian on the Surgical Service, who is now in charge of the East cafeteria.*

\* \* \*

*Our beloved Mrs. Chalk x-ray is leaving for six months vacation. Such gaiety and cheerfulness shall certainly be missed. All of your friends in the department and throughout the hospital will anxiously await your return, Chalkie.*

With the approval of the Executive Committee of the Board of Governors, Dr. Roger B. Nelson has been appointed Acting Director of the Out-Patient Department, effective February 1, 1948.

\* \* \*

Introducing two new Staff dietitians: Miss Martha Utsunomiya, you will find her in the Diet Kitchen concocting all sorts of nice things for patients on Special Diets. She came to us from a similar position at Roosevelt Hospital. Miss Ann Marie Stych who is now helping out in the Main Kitchen, but who will soon be seen on our pavilion service. Miss Stych finished her graduate training at St. Luke's Hospital on March 1st.

\* \* \*

Two members of The New York Hospital attended the Annual Meeting of the New England Hospital Assembly in Boston, Mass. The program was conducted by the American Hospital Association March 15th to March 17th. Mr. Vassar W. Johnson reported that several interesting discussions took place on Hospital Administration and Departmental Functions; and Mr. James F. Best was present as a member of the faculty and his talk covered the subject "The Purchaser's Angle of the Present High Cost of Supplies".

\* \* \*

*The stork stopped long enough at Woman's Clinic on February 2, 1948 to deliver a package of precious cargo addressed to Dr. and Mrs. Roger B. Nelson. The contents weighed 8lbs. 2ozs., the gender was male and the gentleman henceforth will be addressed as Roger Smedley Nelson.*

\* \* \*

*Miss Anna D. Wolf, Director of the School of Nursing and the Nursing Service of the Johns Hopkins Hospital was the speaker at our commencement exercises which took place on February 25th.*

\* \* \*

*We are happy to announce that 26 students of this class of 35, accepted positions on our staff after graduation.*

Miss Virginia M. Dunbar, Dean of our Nursing school gave the commencement address to the February Class at the Massachusetts General Hospital this year.

\* \* \*

A baby boy joined Dr. and Mrs. Henry Humphrey's family circle on March 12th. Welcome Peter Whiting.

\* \* \*

*Be it a boy or a girl, gifts from co-workers in the Garden Dining Room have prepared Virginia Blackman for either new arrival.*

\* \* \*

If you hear the warbling of nightingales in the vicinity of the G corridor on the main floor, don't be surprised. It will undoubtedly be Edith Schultze and Kathleen Wroe of the Department of Public Relations practising their homework for the Riverside Church Choir of which are both members.

\* \* \*

*Welcome, George A. Altvatter the new auditor in the Accounting Department.*

\* \* \*

Double congratulations are in order for Miss Dorothy Kelly of the Record Room. March 15th was a day of much rejoicing, Dorothy's birthday and the announcement of her engagement to Mr. John Di Vita. May your days of happiness be many, Dorothy.

\* \* \*

*Welcome back to Mrs. Compton, who has returned to her duties in Emergency after conquering a two-week siege of pneumonia.*

\* \* \*

The New York Hospital wishes to extend its deepest sympathy to the family of Mr. Ernest Cloutier who passed away on March 10th of this year. Mr. Cloutier was employed as an Orderly on August 13, 1932 and received a pension on December 19, 1947.

\* \* \*

*The many friends of Mr. John J. Moore, formerly of the Post Office, will be delighted to hear of his promotion. In recognition of fifteen years of exemplary loyalty and outstanding work. Mr. Moore has been promoted to*

(Cont'd on Page 6)

## Hospi - Tales

(Cont'd from Page 5)

the Compensation and Liability Department. His service with The New York Hospital commenced on September 1, tour of service with U. S. Army, serving his country in the South Pacific in V-Mail Station and Army Postal Unit the capacity of First Sergeant of the 1945. Congratulations and best wishes for success in your new position, Mr. No. 502, from August 1942 to August Moore. Mr. Moore will be succeeded in the post Office by Mr. William Hogerward.

\* \* \*

Miss Mary Pirics, Ediphone Room, has sufficiently recovered from that appendectomy, to return to her work.

\* \* \*

Best Wishes to Theresa Gill, laundry, department, who is anticipating a blessed event. They'll be plenty of laundry in the future too. Eh Theresa!

\* \* \*

The big question in the laundry office is: Which will last the longer, Miss Esposito's cast or the office floor.

\* \* \*

### NEW CASH POLICY IN THE GARDEN DINING ROOM

No, we're not cutting prices, just making it easier for you to pay them!

Exits from the counter room have been widened to make room for the cashiers' desks. Under the new system, patrons will pay for their food as they leave the counter room. This will eliminate the inconvenience of standing on line after eating to pay your check at the cashier's booth in the entrance hall.

Food obtained at the fountain, as well, will be paid for immediately upon being served.

Remember folks that all the cafeterias are run on a strictly cash and carry basis, so to facilitate service don't forget your money!

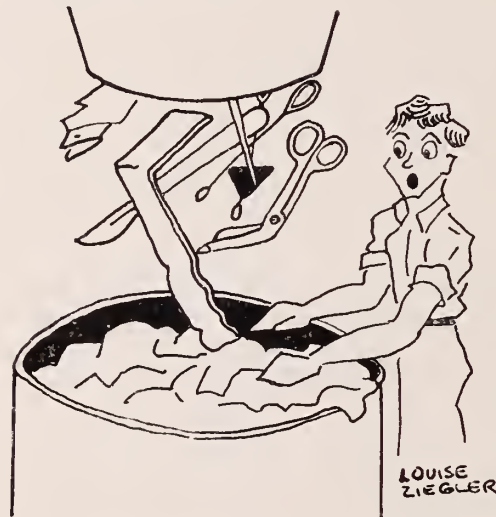
### WE LIKED THIS ONE

Lord, let me bring a little mirth,  
To all who share my days on earth.  
Let something I have said or done  
Remain when I have travelled on,  
To prove the man I tried to be,  
An make men glad they talked with me.

A flower, a smile, a word of cheer,  
Make these my gifts from year to year.  
Lord, Let me carry where I go  
Some little joy to all I know  
Let these into my life be wrought,  
A little faith, a little thought.  
A little mirth, a little grace  
To glorify a common place.  
Lord, let some little splendor shine,  
To mark this earthly course of mine.

—Author unknown.

### APRIL SHOWERS CAN BE AVOIDED



The display is not intended to annoy and upset doctors and nurses. It is a bid for your help in cutting down the number of instruments which get lost in the linen.

The poor man in the laundry never knows what will descend on him next. It may be a—retractor, a sponge forceps, a dentist's mirror, a large pair of bandage scissors, some doctor's pet percussion hammer or even a scalpel. Kinda tough on the laundry man, don't you think?

All people who handle these articles can help to stamp out this lose of instruments in the linen. Will you try to keep this matter in your mind and thus make everyone happier?

### SUPPORT THE GREATER NEW YORK FUND!

When the 1948 Greater New York Fund Campaign gets underway April 26th, people working here in The New York Hospital-Cornell Medical Center will be contacted and given an opportunity to participate in this annual drive which means so much to hospitals, health and welfare agencies in the area.

In accordance with a long-standing policy, only two campaigns each year are conducted here in the Center. One is for the Red Cross, the second for the Greater New York Fund. Thus when one of the team captains or his associates asks if you will contribute to the Greater New York Fund this year, you can be sure that no one will make another such request until 1949.

The Greater New York Fund helps support 423 organizations. Last year approximately one-third of the money raised was distributed to hospitals, which received nearly \$1,200,000. This year's campaign seeks to raise \$8,000,000 about \$3,000,000 more than last year's goal—and if it is successful the hospitals will benefit proportionately in the increase. Lets each of us contribute as generously as he can, for a large portion of each dollar raised in the campaign will be returned to support hospitals in general and our own hospital and jobs in particular.

\* \* \*

A KISS is a peculiar article—of no use to ONE, absolute bliss for TWO. The small boy gets it for NOTHING, the young man has to steal it and the old man has to BUY it.

It is the baby's RIGHT the lover's PRIVILEGE and the hypocrite's MASK

To the young girl it means FAITH, to a married woman HOPE, and to an old maid CHARITY.



## RECEPTION-DANCE HELD FOR WESTCHESTER DIVISION EMPLOYEES

A group of 86 employees, 24 of whom had completed twenty-five years of service or more, and 62 of whom had completed fifteen years of service, were honored at a reception and dance at the Hospital on Monday evening, April 12.

Brief addresses were made by Edward W. Bourne, Chairman of the Westchester Division Committee of the Board of Governors of The New York Hospital, and Dr. James H. Wall, Medical Director of the Westchester Division, and historical remarks were made by Thomas Donworth, Storekeeper, who has been with the Hospital for 52 years.

Mr. Bourne presented each of the ladies with a pin and each of the men with a lapel button in gold for the twenty-five year group and in silver for the fifteen-year group. The pins and lapel buttons are similar to the ones recently given to long-term employees of The New York Hospital. They bear the seal of the Hospital and the legend "The New York Hospital-Westchester Division"—"25 years" or "15 years."

Included among the 85 employees are representatives of every department of the Hospital. Seven among the twenty-five-year group are heads of departments—the business manager, the dietician, the director of men's physical education, the director of men's occupational therapy, the housekeeper, and the director of the dental clinic. Among them also are such specialists as nurses and nursing supervisors, the chef, the florist, two plumbers, the auto mechanic, the pharmacist, the x-ray technician, the mattress maker, and a carpenter.

Four doctors are among the fifteen-year group, as are the Director of Nursing, ten nurses, attendants, the directors of the women's occupational therapy and physical education departments, the supervisor of grounds, and many faithful workers in the painting, engin-

earing, housekeeping, electrical, store-room, kitchen, telephone, business, tin and locksmithing, laundry, tailoring, hydrotherapy, and carpentry departments.

### 25 YEARS OF SERVICE

Mr. Knute F. Ahnstrom  
Mr. Charles Amadeo  
Mrs. Isadora Anshutz  
Mr. Peter Baker  
Mr. David Bradford  
Mr. Michael Collins  
Mr. William Cousins  
Mr. Baziel Danckaert  
Mr. Leon Danckaert  
Mr. John W. Dean  
Mr. Thomas Donworth  
Mr. Timothy J. Doyle  
Miss Jessie F. Fergusson  
Mrs. Maude Gregory  
Mr. Dominick Guarino  
Mr. Louis J. Haas  
Mr. Victor Kanapaskas  
Mr. Alfred Lewendon  
Mr. Peter G. Mitchell  
Mr. Timothy J. Murray  
Miss Mary Frances O'Grady  
Mrs. Louise Reidel  
Dr. D. Austin Sniffen  
Mr. William Wirth

### 15 YEARS OF SERVICE

Miss Florence Adamson  
Miss Pauline Aloft  
Dr. Edward Ballen  
Mr. Zigmund Aperones  
Mr. George A. Aubel  
Dr. Dorothy S. Burdick  
Mr. Thomas G. Caffrey  
Miss Dorothy L. Close  
Dr. Hollis E. Clow  
Mr. Salvatore Colangelo  
Mr. John Considine

Mr. Harold Cook  
Miss Eleanor M. Corrigan  
Mrs. Mary Donworth  
Mr. Robert Duncan  
Mr. Rudolph Eiberger  
Mrs. Mary Farrell  
Mr. Patrick Farrell  
Miss Helen Fish  
Miss Josephine Garden  
Mr. Bernard Gilroy  
Mr. William Gleason  
Mr. Jose Granda  
Mr. Hugh Hamilton  
Miss Grace V. Hill  
Mrs. Mae Hobby  
Miss Marjorie M. Hughes  
Mr. Kurt Jacob  
Mrs. Mathilda Junor  
Mr. Thomas Kelly  
Miss Gunhilde E. Larsen  
Miss Anna Livingston  
Miss Christine McEwin  
Mrs. Catherine Malone  
Mr. Bostolo Martine  
Mr. Frank Moran  
Mr. Joseph Nedermeier  
Mrs. Florence Noon  
Miss Mary Elizabeth Osborne  
Miss Frances Patton  
Miss Ellen E. Phelan  
Mr. Leo Reed  
Miss Jennie May Riley  
Mr. Andrew Rooney  
Mrs. Annie Ryan  
Mr. Theodore Schnau  
Mr. Walter Schroepfer  
Mr. George K. Smith  
Miss Carolyn A. Sprague  
Mr. John Sullivan  
Mrs. Mary Tedesco  
Mr. Richard Thomas  
Mr. William C. Thorp  
Mrs. Elizabeth Tichy  
Miss Catherine Todd  
Miss Gertrude Trefry  
Mr. Frank Troxel  
Mrs. Laura Waas  
Dr. James H. Wall  
Mr. Gilbert Warren  
Mr. Gilbert Warren  
Mr. Emil Westerman

## The Cover

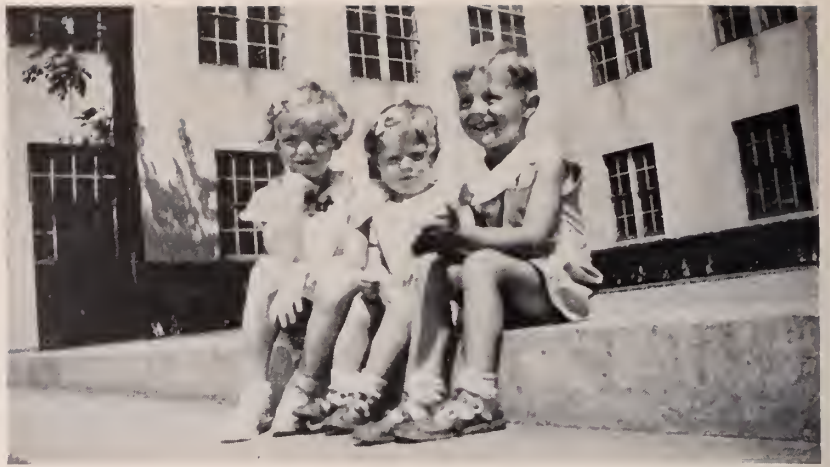
The young lady (age 3) who graces our cover is Sheila Ivison Pattinson. She is the granddaughter of Mrs. Maynard C. Ivison.

Many readers of "The Pulse" have indicated a desire to see the children and near relatives of employees pictured here. In response to your request we are happy to offer the accompanying portraiture.

For next issue why not send in your own baby picture snap? We'll give the subscribers a clue and let 'em guess.



James Hodge, 18 mos., delivers a snowball. Your editor is proud of his nephew. Can you blame him?



Here we depict the children of Harold D'Arcy, night foreman, Building Service. These pictures are of the same children taken ten years apart and graphically portray the transition from the tender-age to teen-age.



Jimmie, 4 yrs., Jo-Ann, 2½ yrs., Johnny, 5 mos., pictured at Christmas 1947. Dr. and Mrs. Paul Mueller (Obs. and Gyn.) are the proud parents of these fine tykes.





Rita, 6 yrs., and Noreen, 4 yrs., are the children of George Vishner, Nutrition Department, shown attending the wedding of their aunt.



Frank Warren Johnson, 14 mos., braves one of our recent snow storms. Many of you know Frank's dad, Vassar W. Johnson (Executive Assistant).



John (Nutrition) Pollock relaxes in Central Park with daughters Patricia, 14 mos., and Dorothy, 6 yrs.



This alert baby is Loralee Johnson, 16 mos., daughter of Mr. and Mrs. Vincent Johnson. Mother, Marion Johnson, is on the Record Room staff.



Lucy, 5 yrs., and Mary Kate, 3 yrs., pose prettily for dad who is Dr. Charles F. Chandler, Surgery.

## THE PLUS FACTOR IN NURSING CARE

Like that last little pinch of spice which makes a dish perfect, there is an ingredient in nursing care which makes a patient feel he has received something more than routine, efficient attention. Call it interest and sympathy or express it as did one patient in the tuberculosis ward. In a letter to the "Blue Plaidette," the student magazine, he said, "The cardinal virtues of a nurse are personality and a keen understanding of people. She should feel it her responsibility as a good nurse to go just a little beyond her actual nursing duties to help a patient forget his worries. Even the most downcast patient has a smile hanging back there somewhere and what wonderful medicine it is for him if some clever nurse can coax it into the open."

There are innumerable examples of this kind of nursing care to be found in every department of this Hospital. A birthday was coming up for a patient who had been extremely worried and depressed. One of the student nurses found out about it and put in a hurried call to the diet kitchen for a cake. She decorated it with one tactful candle, gave it to a new somewhat shy attendant to carry to the patient's room and followed herself, chanting "Happy Birthday To You." The warm feeling created in patients and Hospital personnel alike lasted for days and was eloquent testimony to the wisdom of the nurse's action.

With the recent post-operative practice of having patients out of bed as soon as possible, nurses have had to vary their approach to patients. They must explain to the patient why this procedure is followed, why it is better for him, even though he experiences a certain amount of pain. The nurse who has the ability to create confidence in herself and can take the time to build such a relationship can make this period much more free of fears and anxieties for her patients.

There is the story of the elderly woman in one of the surgical pavillions. She had slipped on waxed floor and fractured her hip. A well-meaning relative



The festivities of Christmas provided an opportunity for Jessie Fowler, head nurse on N-4 and two students, Jean MacKellar and Elizabeth Lesh, to entertain a small patient with carol singing. The patient seems a bit more pleased with her new doll than with the quality of the music.

had tried to prepare her for her hospitalization by telling her that she would be immobilized for a long period of time. The day after an operation in which the broken hip was pinned, she was told that she was to get up. It took several nurses to coax her from her bed to a wheel chair, and she would not try to help herself. By showing her how to place one foot in front of the other, by careful explanation at every step, one nurse was able to gain her confidence and literally taught her how to walk again.

Perhaps in dealing with children, the nurse will find the greatest need for building a feeling of confidence and friendliness. One nurse in Pediatrics discovered, somewhat to her amusement, that she had fostered such a feeling in one small patient. Walking along the street one day, she saw a little girl who had been in the Hospital for an appendectomy. The child was engaged in trying to repair a very dilapidated doll carriage. When she spied the nurse, she

shouted joyfully, "Here comes Miss A. She can fix anything!"

Christmas in the Hospital has always provided an opportunity for getting better acquainted with the children. There is the traditional tree trimming, candles and stockings. One little boy who had a contagious illness, added one eloquent sentence to his letter of request: "and Santa Claus, please wash your hands carefully, as I am in isolation,"—evidence of good hygiene instruction by the nurses on his floor.

Many more examples of the plus factor in nursing could be cited. If You've ever been a patient, you know what they are. Our nurses know too, and the proof of the pudding are the hundreds of patients who swear by the nursing staff of The New York Hospital. And the nurses?—well, here's what one says about it: "There's nothing like the deep feeling of satisfaction that comes from being able to do those little extra things that make a patient happier in the Hospital."



## NEW TAX LAW

The Congress recently enacted a new tax law which reduces the income tax rates for the year 1948. In addition to the rate reduction, the following changes will effect the amount of tax which you will be required to pay.

1). Generally, the amount of each exemption is increased from the present \$500 to \$600.

2). If you are married, you may split the family income equally at the time you file your 1948 tax return.

3). If you will reach the age of 65 before the end of the year, you may claim an additional exemption for yourself.

4). If you are married, and your wife (or husband) will reach the age of 65 before the end of the year, you may claim an additional exemption for her, provided that she does not claim the exemption herself.

The new rates will effect your tax withholdings after May 1, 1948. At that time, you will receive a folder explaining the above in detail as well as a table showing how the new withholding tax is computed.

It will not be necessary for you to file a new "Employee's Withholding Exemption Certificate" (form W-4) unless you qualify under (3) or (4) as shown above. In that event, it is very much to your advantage to file a revised W-4 certificate in the Payroll Office.

## NOTICE To All Clinical Units PLEASE !!

See that all containers obtained from the Issue Room are used **ONLY** for specimens that go back to Central Laboratories.

These include:

- Centrifuge tubes
- Brown Sedimentation rate bottles
- Blood chemistry bottles
- 3-day sputum bottles
- Wassermann tubes
- Culture tubes
- Spinal fluid tubes
- CO<sub>2</sub> tubes

The disappearance rate of these containers is so high as to make the cost of their replacement a large item in Hospital expense.

## CORNELL UNIVERSITY MEDICAL COLLEGE CELEBRATES 50th ANNIVERSARY OF ITS FOUNDING

The Cornell University Medical College on Thursday, March 11, celebrated the 50th anniversary of its founding in 1898. The exercises, held in the Medical College buildings in The New York Hospital-Cornell Medical Center, 68th Street and the East River, included a business meeting of the Medical College Alumni Association, inspection of departments, conferences and a scientific exhibit of some of the 180 research projects now being conducted at the Center. Approximately 750 alumni from various parts of the country were present.

The scientific exhibits included demonstrations in pharmacology, anatomy, physiology, radiology, surgery, medicine, pediatrics and ophthalmology. Dr. George Papanicolaou, professor of clinical anatomy at the College exhibited the smear technique he has devised for cancer diagnosis. Dr. Joseph C. Artusio, instructor in surgery and resident surgeon in anaesthesia in The New York Hospital, demonstrated the latest methods of anaesthesia, administered directly into the lungs. Dr. Eugene F. Du Bois, professor of physiology of the Medical College and attending physician at The New York Hospital, exhibited an apparatus used in the study of pain and its relief. Members of the department of medicine exhibited new uses of streptomycin, new treatments of vascular diseases, drugs used in the treatment of allergies, and various aspects of psychosomatic procedures and research. The department of pediatrics presented exhibits on chest conditions in children, research on premature infants and some of the results of the study of heredity and rheumatic fever. Dr. John M. McLean, professor of clinical surgery of the Medical College and attending surgeon in charge of ophthalmology in The New York Hospital, displayed corneal transplants used in certain cases of blindness for the restoration of sight.

The business meeting of the alumni included discussion on the implementation of their recently-initiated drive for \$3,000,000 to be used for building a

student residence and recreational center

"The great need for the Medical College today," said Dr. Connie Guion, member of the Board of Directors of the Alumni Association and attending physician at The New York Hospital, "is more adequate housing facilities for the students. At present, living conditions are far from satisfactory, and no recreational center is available. The volume of work required of today's medical students makes proper living and recreational facilities of paramount importance."

Departments of the Medical College were opened for alumni visits during the day, and a series of conferences was held both in the College, 1300 York Avenue, and in the Hospital, during which discussions took place concerning various clinical fields.

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## SEVENTY-EIGHT MORE CORNELL GRADUATES

Seventy-eight men and women, twenty-five of them from the Greater New York area, were graduated from the Cornell University Medical College on Friday, March 26, in the school's fifty-first commencement exercises. Thirteen of the graduates received special prizes and honors at the occasion, which took place in the Medical College auditorium in The New York Hospital-Cornell Medical Center, 68th Street and the East River.

Top honors were awarded to David Rogers of Columbus, Ohio, John Marion Wilson, Jr., of New York City and Robert LeRoy Dow of Baldwinsville, N. Y., who placed first, second and third respectively under the John Metcalf Polk Prize for General Efficiency.

Dean Joseph C. Hinsey presided at the ceremonies of the school, which this month also celebrated the fiftieth anniversary of its founding. The graduation address was delivered by Dr. Harry Emerson Fosdick, Minister Emeritus of the Riverside Church, and Dr. George Gray Ward, Emeritus Professor of Obstetrics and Gynecology, administered the Oath of Hippocrates. The degrees of Doctor of Medicine were conferred by Dr. Edmund E. Day, president of Cornell University.

**PROTECT YOUR FAMILY . . . . .**

Everyone owes it to his family or dependents to carry life insurance.

To make this possible the Hospital carries for the benefit of all its employees a program of group life insurance.

Under this plan a major portion of the total cost of this insurance is paid by the Hospital, so actually we make it possible for you to purchase this security for your dependents at "wholesale prices." The cost to you is far below any type policy which you could take on your own as an individual.

We sincerely believe that all employees not insured under this plan at the present time should give this serious consideration.

There is no age limit and no red tape.

Contact the Personnel Department *today* and learn how easy it is to extend this low cost protection to your family.



"My Advice Is to Enjoy Yourself—and Keep Your Insurance Paid Up."

**HEAD NURSES ENTERTAINED . . . .**

Cries of "Bravo!" and "Hooray for our team!" coming from the student lounge of the Residence on the evening of March 18th were not the evidence of a track meet, as one might have been led to think. The occasion was a party given by the Nursing School faculty for the Head Nurses, and the cheers were from the members of respective "teams".

From all reports, the event was a bang-up success, although the guests admitted afterward that both their athletic

and intellectual abilities were sorely tested by the various contests which were the feature of the evening.

Miss Mary Swanwick, supervisor in Medicine and Surgery, and Mistress of Ceremonies for the party, led off the festivities with a rousing game of "Who Am I?" Such famous personalities appeared as Adolf Hitler, Bing Crosby, Lassie and Arthur Murray, although in the last case there was some confusion resulting from the thought that Arthur Murray was Murray Sargent. A spelling bee followed in which the faculty was put to rout by the head nurses. Next was a bean race and then a departmental word quiz. This was won by the nurses in Psychiatry.

Winners and losers then joined forces to partake of coffee, sandwiches and the famous New York Hospital brownies, and finally to the strains of "For She's a Jolly Good Fellow" drifted off to their respective homes.

**COMM. FOR SCHOLARSHIPS BRIDGE . . . A SUCCESS**

The scholarship fund of the Nursing School has been greatly increased as the result of a very successful benefit bridge and bazaar held on March 10th by the Committee for Scholarships for the Cornell University-New York Hospital School of Nursing.

This committee, composed almost entirely of lay women, was organized in 1940 under the chairmanship of Mrs. Norvelle C. LaMar, and worked throughout the war as The New York Hospital Red Cross Unit, Woman's Division. In November of 1947 they reorganized as the Committee for Scholarships in the belief that well-qualified young women should be encouraged by the public to enter the profession of nursing.

The bridge, held in the lounges of the Nurses Residence, was the first large-scale event planned by the Committee

since its reorganization. In addition to tables of bridge, there were door prizes and a bazaar which included the sale of handicrafts and pastries.

Plaudits go to Mrs. LaMar, chairman; Mrs. Maurice Tingley, assistant chairman, to the Committee and its patronesses for their efforts which made the benefit bride such a great success.

**35 NURSES GRADUATE  
23 GET B. S. DEGREES**

The Cornell University-New York Hospital School of Nursing on February 25 granted diplomas to 35 nurses who have completed the school's three-year course. Of the 35, 23 are also qualified for degrees of Bachelor of Science in Nursing from Cornell, having completed two years of college work before enrolling in the school. Fifteen of these received their degrees, and the other eight will be eligible upon completion of required hospital practice. An additional sixteen nurses who, since their graduation in September, 1947, completed these requirements, also received university degrees.

Miss Anna D. Wolf, director of the School of Nursing and Nursing Service of Johns Hopkins Hospital in Baltimore, Md., was the commencement speaker. From 1932 to 1940 Miss Wolf was Dean of the Cornell University-New York Hospital School of Nursing. After the first World War, Miss Wolf was sent to China to help open Peking Union Medical College Hospital and organize its school of nursing, after which she held administrative and educational posts at the University of Chicago and The New York Hospital.

Dr. Edmund E. Day, president of Cornell University, presented degrees to the candidates, and Langdon P. Marvin, member and former president of the Board of Governors of The Society of the New York Hospital, presented diplomas and graduate pins.

# FIRE HURTS EVERYBODY!